



# foundation school

Working with NHS Trusts across North and East Yorkshire and Northern Lincolnshire

## JOB DESCRIPTION

### POST

Foundation Year 1 in General Surgery

### TRUST

York Hospitals NHS Foundation Trust

### LOCATION

York Hospital

### INFORMATION REGARDING THE HOSPITAL

York Hospitals NHS Trust has an annual budget of c£140 million. It employs approximately 4,000 staff and services an extended population of over 300,000. Its main income is currently derived from North Yorkshire and York Primary Care Trust. In April 2007 the Trust was licensed to operate as a foundation trust – a status which will assist in the continued development and enhancement of services for our population.

York Hospital, which opened in 1976, is a well-equipped, modern unit of 718 beds. The hospital has recently undergone major redevelopment of its surgical facilities increasing theatre, day unit and short stay capacity. Other developments include a combined Haematology and Oncology Outpatient Centre, a new integrated breast unit, a vascular imaging unit and new Head and Neck outpatient and treatment facilities. Future developments include an improved and more efficient inpatient facility.

Included in the comprehensive range of acute services provided on this site is a 58-bedded maternity unit, a ten bedded critical care unit (including four high dependency beds) and an eight-bedded coronary care unit and an accident and emergency department.

York Hospital is part of the joint undergraduate Hull and York Medical School with partners the University of York, University of Hull and Hull and East Yorkshire Hospitals NHS Trust. The first students commenced in September 2003 and follow a five-year curriculum, which makes strong use of problem based learning techniques. The new Gillespie Building, built at the hospital, provides new and improved teaching facilities for undergraduate students. This building also houses a comprehensive research and development function that provides a service across North Yorkshire.

### DURATION OF POST

4 months (as part of a 1 year rotational post).

## DEPARTMENTAL INFORMATION

### General Surgery:

13 Consultant Surgeons  
1 Associate Specialist  
4 Staff Grades  
4 Senior ST's  
3 Junior ST's  
2 F2s  
9 F1s

### Urology:

4 Consultants  
2 Senior ST's  
1 Junior ST  
1 F1

## DUTIES OF THE POST

During the four month block the F1 will be attached to two or three surgical specialties which could include Urology.

The F1 is responsible for the day to day management of patients on the ward. This includes:

- Initiating and ordering investigations
- Prescribing drugs
- Signing death certificates and/or informing HM Coroner
- Completing preliminary discharge letters (with advice from Consultant)
- Other duties at the discretion and need of members of the Surgical team

It is essential for training purposes that the F1 attends an operating list once a week with their Consultant and takes ward rounds morning and evening of all the inpatients.

## WORKING ARRANGEMENTS/JOB PLAN

Normal working days consist of 08.00 – 17.00 duty based within a sub specialty.

The out of hours duties are worked in both General Surgery and Orthopaedics.

Generic rotas have been implemented and will entail Critical Care F1s providing out of hours cover in General Surgery and Urology.

## EDUCATIONAL OBJECTIVES

The first year of the Foundation Programme builds upon the knowledge, skills and competences acquired in undergraduate training. The learning objectives for this year are set by the General Medical Council.

## EDUCATIONAL SUPERVISOR

Each Foundation Year 1 Trainee will have a nominated Educational Supervisor, with whom they should meet formally at the commencement of each 4-month rotation, again at 2 months and at the end of the post, using the F1 Training Portfolio as a basis for discussion.

## INDUCTION

An induction programme is arranged for new starters at the beginning of August during which they have no other duties and attendance is mandatory. Departmental inductions will take place at the beginning of each 4-month rotation.

## GENERIC SKILLS TRAINING

All F1's are required to attend the Generic Skills Training Programme which is run in conjunction with the other Trusts in the North and East Yorkshire Coast Foundation School. You may be required to travel to other hospitals for this training. There is also a weekly F1 teaching session in Postgraduate Medical Education, which you are required to attend.

## ACCOMMODATION

This post is non-resident.

## HOURS MONITORING AND THE NEW DEAL

All doctors in training will be required to monitor their hours of work and rest during a set period throughout each period of employment at least once.

## TERMS AND CONDITIONS

Your pay and terms and conditions of employment are determined by the Medical and Dental Whitley Council as follows;

- a) Pay and allowances
- b) Rota/hours
- c) Annual Leave

## POSTGRADUATE MEDICAL EDUCATION

The Postgraduate Centre aims to ensure the provision of high quality Postgraduate Medical and Dental Education for all training grade doctors and dentists. In addition the Centre monitors training activity for all grades of medical staff and hosts multidisciplinary training events in order to support continued professional development.

## LIBRARY SERVICES

All doctors are welcome to join the library at York Hospital. The library contains medical, health and management resources. There is also access to electronic journals and databases. Computing, printing, scanning, photocopying facilities and study areas are available. Other services include literature searching, training on searching for information and inter library loans.

## HEALTH AND SAFETY

The post holder must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974 to ensure that agreed procedures are carried out and that a safe working environment is maintained for patient, visitors and employees.

You are required to inform your line manager of any safety issues that could affect you or others, in the workplace. You are responsible for your own health and safety and must co-operate with management, at all times, in achieving safer work processes and work places, particularly where it can impact on others.

You will be trained in the correct use of any equipment provided to improve safety and health within the Trust. You are required to use the equipment when necessary and as instructed, it is your responsibility to ensure the equipment is safe to use, prior to its use and must report any defects immediately to your line manager.

## GENERAL INFORMATION

York is a richly historic city with a population of around 100,000. There are excellent road and rail links to surrounding towns and cities as well as easy access to the Yorkshire Moors, Dales and East Coast. London is accessible by train in less than 2 hours and there are regional airports in Leeds and Hull.

## ALL APPLICANTS PLEASE NOTE

All applicants are asked to check before applying for a post, that they will be eligible for registration with the General Medical Council.

You can check your eligibility on the website <http://www.gmc-uk.org> If there is any uncertainty please contact the GMC and seek advice. If you cannot register with the GMC you cannot be employed as a foundation Year 1 Trainee.