

## JOB DESCRIPTION

### POST

Foundation Year 1 in **Adult Medicine/Elderly**

### LOCATION

**Northern Lincolnshire and Goole Hospitals NHS Trust** was created on 1<sup>st</sup> April 2001 following the merger of North East Lincolnshire NHS Trust (Grimsby) with Scunthorpe and Goole Hospitals NHS Trust to form an acute Trust serving a catchment area of 500 square miles and a population of circa 410,000. The Trust has a budget of £145 million and employs approximately 4700 staff. Its name reflects the wider geographical area in which the Trust is a major provider of health care.

### LOCATION

Scunthorpe General Hospital

### INFORMATION REGARDING THE HOSPITAL

Scunthorpe General Hospital is a typical District General Hospital and is situated on a single site. It serves a population of approximately 200,000. All services are delivered from one main site which has been developed over the past 20 years to provide modern facilities.

### DURATION OF POST

4 months (as part of a one year rotational post).

### DEPARTMENTAL INFORMATION

The specialties of General Medicine and Medicine for the Elderly have been brought together to achieve an integrated service for Adult Medical Specialties.

There are 3 consultants and various middle grade and junior staff.

### DUTIES OF THE POST

The F1s would be expected to participate in the first on-call rota for unselected emergency on-call and would therefore be exposed to the management of common medical emergencies.

The F1's would be based on either Ward 17 or Ward 23 with a Senior House Officer where they would be involved in the day-to-day management of older adults including the role of multidisciplinary teams and rehabilitation. The F1's would be expected to assist in the informal teaching of medical students and during the "shadowing period".

The department has an active teaching programme including journal club, case presentations, MRCP teaching and short case teaching every Tuesday, Wednesday and Friday lunchtime from 1.00 pm. Clinical Audit is held on a monthly basis.

## WORKING ARRANGEMENTS/JOB PLAN

	<b>AM</b>	<b>LUNCH</b>	<b>PM</b>
<b>Monday</b>	Ward work	11.45 – 12.45 F1 teaching session	Ward work
<b>Tuesday</b>	Consultant Ward Round	1.00 – 2.00 Junior Doctor Journal Club	Ward work
<b>Wednesday</b>	Ward work	1.00 – 2.00 Case Presentation Teaching 2.00 – 3.00 MRCP Teaching	Ward work
<b>Thursday</b>	Ward work		Ward work
<b>Friday</b>	Consultant Ward Round	1.00 – 2.00 Short Case Teaching	Ward work

## EDUCATIONAL OBJECTIVES

- To build upon undergraduate education
- To gain experience and familiarity in dealing with a wide variety of medical conditions
- To develop the skills of history taking, physical examination, appropriate investigation and rational prescribing
- To master several basic medical techniques
- To improve communication skills with patients, relatives and colleagues
- To develop skills in managing time and conflicting priorities

## EDUCATIONAL SUPERVISOR

Each Foundation Year 1 Trainee will have a nominated Educational Supervisor, with whom they should meet formally at the commencement of each 4-month rotation, again at 2 months and at the end of the post, using the F1 Training Portfolio as a basis for discussion.

## INDUCTION

An induction programme is arranged for new starters at the beginning of August during which they have no other duties and attendance is mandatory. Departmental inductions will take place at the beginning of each 4-month rotation.

## GENERIC SKILLS TRAINING

All F1s are required to attend the Generic Skills Training Programme which is run in conjunction with the other Trusts in the North Yorkshire East Coast Foundation School. You may be required to travel to other hospitals for this training. There is also a weekly F1 Teaching Session in Postgraduate Medical Education which you are required to attend.

## ACCOMMODATION

The post is resident - single accommodation is provided free of charge for F1 Trainees. There may be an extra charge made for council tax.

## HOURS MONITORING AND THE NEW DEAL

All doctors in training will be required to monitor their hours of work and rest during a set period throughout each period of employment at least once.

## **TERMS AND CONDITIONS**

Your pay and terms and conditions of employment are determined by the Medical and Dental Whitley Council as follows:

### **a) Pay and Allowances**

The current Foundation House Officer salary scale is applicable. Banding to be confirmed.

### **b) Rota/Hours**

The F1's currently work a full shift system.

### **c) Annual Leave**

In order that leave can be co-ordinated in a way that is fair to all, close co-operation is necessary between colleagues. Should annual leave not be booked within the first month of the appointment, the leave will be planned by the Consultant. The four-month annual leave entitlement of 9 days must be taken within the period. There is no facility for carry-over or 'paying up' at the end of the contract.

Please allow six weeks notice when booking annual leave.

## **POSTGRADUATE MEDICAL EDUCATION**

The Development and Education Centre aims to provide accessible and comprehensive education and training facilities to all junior doctors. There is a 92 seat Lecture Hall which is equipped with excellent audio/visual equipment for presentations. In addition there are 8 other classrooms and tutorial rooms. The Lecture Hall and main classrooms have wireless networking and video teleconferencing facilities. There is a full programme of teaching and lectures and most of the departmental teaching sessions are held here.

## **LIBRARY SERVICES**

As well as traditional library services such as access to books, journals and inter-library loans, the library provides access to Internet services. 24 hour access to Databases such as Medline, The Cochrane Library, Electronic Journals, 123 Doc, MCQ and exam preparation websites is made available via the Internet. All Doctors have access to training in the effective searching of healthcare databases and this is now being offered both in the library and/or hospital departments upon request.

## **HEALTH AND SAFETY**

Under the Health & Safety at Work Act 1974 it is the responsibility of individual employees at every level to take care of their own health and safety at work and that of others who may be affected by their acts of work. This includes co-operating with management in complying with health and safety obligations, particularly by reporting promptly any defects, risks or potential hazards.

## **GENERAL INFORMATION**

### **North Lincolnshire**

North Lincolnshire combines rural charm with bustling picturesque market towns and villages. The region rolls towards the Humber estuary in the north, reaches to the Isle of Axholme in the west, and includes several lakes and rivers as it extends to the Lincolnshire wolds in the east.

The region boasts eight golf courses, including the new 27-hole course Forest Pines at Broughton, voted Best New Golf Course 1996. North Lincolnshire Council holds the Beacon Award for Education.

### **Scunthorpe**

People conjure up images of blast furnaces and steel mills when they think of Scunthorpe but the modern town has much more to offer. Visitors to the town can expect to see markets, high street shopping facilities, restaurants, pubs, cafes, and a cinema.

The industrial island of Scunthorpe is surrounded by attractive rural landscape with small villages, quiet country lanes, footpaths and bridleways. Since the steelworks arrived 130 years ago the town has changed beyond all recognition and become more prosperous. Corus Steel is still the town's major employer, however Scunthorpe is a fast developing commercial base and now is the processing headquarters for Lloyd's Bank, with Canada's CCL Industries manufacturing for Europe from here, along with a range of other manufacturers.

Scunthorpe boasts a leisure centre with wave pool, four golf courses, outdoor sports centre Quibell Park and an indoor bowls centre. For nature lovers there is the Brumby Common Nature Reserve, or Ridge Walk for ramblers which leads through the limestone escarpment.

### **ALL APPLICANTS PLEASE NOTE**

All applicants are asked to check before applying for a post, that they will be eligible for registration with the General Medical Council.

You can check for eligibility on the website <http://www/gmc-uk.org> If there is any uncertainty please contact the GMC and seek advice. If you cannot register with the GMC you cannot be employed as a Foundation Year 1 Trainee.