

# SCARBOROUGH & NORTH EAST YORKSHIRE HEALTHCARE NHS TRUST

## JOB DESCRIPTION

### PRE-REGISTRATION HOUSE OFFICER - REHABILITATION MEDICINE

#### The Work of the Departments

The Elderly and Orthopaedic Rehab is a busy unit catering for the full range of emergencies as well as elective work. The population of the catchment area is just over 200,000 and the Consultant staff provide medical service at Scarborough Hospital and also peripheral hospitals in the district.

Supervising Consultants:-

Dr G McGonigal	Care of the Elderly
Dr J Livesey	Orthopaedics
Dr Z Al-Saffar	Rheumatology

The Rehab PRHO will participate in the medical out of hours full shift to meet New Deal and EWTD targets.

The job fully complies with the New Deal and EWTD targets Band 2B.

#### Teaching

There are regular teaching sessions as follows:-

Monday	2.00	Coronary Care Unit meeting
Tuesday	2.00 (monthly)	House Officer skills teaching
Wednesday	12.30	Medical Teaching
Thursday	12.30	House Officer Teaching
Friday	12.00 1.30	Grand Round Nutritional support group (optional)

Teaching sessions are mandatory and there is a policy to "protect" the time to make it bleep free. The Pre-registration House Officers have the opportunity to present clinical details of cases along with their Consultant and Registrar/SHO. There are weekly teaching sessions exclusively for junior doctors on Fridays and these focus on radiology and laboratory specialties. Monthly audit is mandatory for medical staff and takes place on a rolling half day each month, a useful learning experience.

#### Supervision

Each Pre-registration House Officer has a Consultant mentor who is responsible for both supervision and appraisal. An interview with the PRHO takes place at the beginning of the post to define training needs and appraisal interviews take place at regular intervals during the post.

#### Duties

- a) Day to day management of patients within the scope of the specialty.
- b) Participation in and assistance with ward rounds.
- c) Care of emergencies referred by the Accident & Emergency Department staff and GP's.

- d) Clerking of newly admitted patients.
- e) Attendance at mandatory teaching sessions in general medicine and radiology.

### **Objectives**

At the end of the four month period, the PRHO will have obtained experience in:-

- Rehabilitation of patients with musculo-skeletal disorders including arthritis and fractures, neurological disorders and cardiopulmonary disorders
- Obtain skills in assessing neurological disability; cognitive function; specific treatment of osteoporosis and rheumatoid arthritis
- Recognise the need for a holistic approach including social factors, family support. Learn the role of physiotherapists and occupational therapists in rehabilitation both in hospital and community

### **Extra Duties**

The junior doctor accepts that he/she will also perform duties in occasional emergencies and unforeseen circumstances in consultation where necessary with his/her colleagues both senior and junior and on the instruction of the appropriate Consultant. It has been agreed between the professions and the department that while juniors accept that they will perform such duties, the Secretary of State stresses that these additional commitments are exceptional.

### **Main Conditions of Service**

The post is compulsory resident.

Single accommodation is available on site, married accommodation is subject to availability. The PRHO single accommodation is on-site with the married accommodation off site but not far away from the hospital

All on-site residences have recently been refurbished with new carpets, seating and decor in the living areas.

On-call rooms are provided for all doctors working out of hours

### **Other Facilities**

Scarborough is a very attractive seaside resort with excellent recreational facilities and beautiful countryside nearby. The hospital is a five minute drive from the town centre and there is a bus service between the town centre and the hospital.

There is an active hospital social life and the hospital Social Club houses a well equipped gym, squash courts and pool tables.

The Mess contains a full size snooker table and SKY TV

June 04