

HUMBER MENTAL HEALTH TEACHING NHS TRUST

JOB DESCRIPTION PRE REGISTRATION HOUSE OFFICER – FOUNDATION YEAR 1 PSYCHIATRY (June 05)

1. THE TRUST

Humber Mental Health Teaching NHS Trust was created on the 1 October 1999 to take over the responsibilities previously undertaken by Hull and East Riding Community Health NHS Trust.

The Trust's services are mainly provided to the city of Hull and the East Riding of Yorkshire, for people living in urban, rural and coastal areas. The trust provides a wide variety of services in a number of settings; in patient's homes, day centres/day hospitals, health centres, clinics, local authority premises and in-patient units.

2. POST

Older People's F1 – Mental Health

3. LOCATION – MAISTER LODGE

Maister Lodge, Hauxwell Grove, Middlesex Road, Hull, HU8 0RB.

The unit, located in Eastern Hull, is an in-patient facility for people with mental illness over the age of 65 who require inpatient care, it has 18 beds. The Unit also covers the Holderness area located in the East Riding.

4. DURATION OF POST

4 months.

5. STAFF - OLDER PEOPLE'S MENTAL HEALTH

Dr Bestley – Consultant – Maister Lodge

Dr Wing Maung – Associate Specialist

Dr Lawley – Consultant – Maister Lodge

Dr Soyinka – Specialist Registrar

Dr Praveen Singh – Senior House Officer

Dr Hussain – Consultant – Coltman Street Day Hospital

Dr Sangnal-Matt – Senior House Officer

6. GENERAL DUTIES

The F1 doctor will be responsible, in conjunction with the Senior House Officer, for the care of patients under his/her Consultant(s) at Maister Lodge. There will be opportunities available for joining Senior House Officers and Consultants in clinics or home visits and for joint visits as an observer with the Community Mental Health Team.

7. WORKING ARRANGEMENTS

The current arrangements are a 1 in 11 full shift rota (including prospective cover) covering the Acute Admissions Unit and the wards.

The PRHO's normal working day will be at Maister Lodge, however the nights and long shifts will be on the Acute Assessment unit at Hull Royal Infirmary.

Annual leave cannot be taken during acute ward working time or night shifts (annual leave will be planned into the rota but may be swapped with colleagues if appropriate)

The banding for this post will be Band 1B with contracted hours below 56 hours per week maximum.

The average contracted hours must not be exceeded. However, in exceptional circumstances, practitioners in the grades of Senior Registrar, Specialist Registrar, Senior House Officer and House Officer shall be expected in the normal run of their duties, and within their contract and job description to cover for the occasional brief absence of colleagues as far as is practicable. Sick colleagues will normally be covered only for short periods of absence.

In addition practitioners will be prepared to perform duties in occasional Emergencies and unforeseen circumstances without additional remuneration but may be granted time off in lieu at the discretion of the employing trust. Commitments arising in such circumstances are, however, exceptional and the practitioner should not be required to undertake work of this kind for prolonged periods or on a regular basis.

8. INDUCTION

An induction/orientation programme is arranged for new starters at the beginning of August during which they have no other duties and is mandatory. This is held in the Postgraduate Centre at Hull Royal Infirmary.

A department induction/orientation programme is arranged for new starters at the beginning of August, December and April.

9. ACCOMMODATION

Single accommodation is available at Hull Royal Infirmary, Accommodation is usually at your base hospital and may involve travel between hospitals.

10. ANNUAL LEAVE

9 days annual leave for a 4 month period, which should be taken in this period. Annual leave cannot be carried over into the next post.

In order to maintain the service, annual leave is planned into the rota. Please note that leave cannot be allowed whilst scheduled to work 'nights'. However annual leave may be swapped with colleagues if appropriate.

Annual leave should be discussed and approved by the Consultant. For cover arrangements, the Senior House Officer will cover the agreed annual leave.

11. POST GRADUATE EDUCATION

The East Riding Medical Education Centre at Hull Royal Infirmary contains a 200 seat lecture theatre with full audio visual facilities, 3 seminar rooms and a well resourced medical library staffed by professional librarians. There is a full CD-ROM and data star on line facilities.

The Director of Postgraduate Medical Education is Dr Colin R Melville. The Associate Director of Post graduate Medical Education responsible for PRHO's is Mr Vern Johnson.

Generic Skills Training

All PRHO's are required to attend the generic skills training programme which is run in conjunction with the other trusts in the North Yorkshire East Coast Foundation School (<http://www.nyecpgme.org.uk/foundation>). Attendance is timetabled in the rota, but may require you to travel to one of the other hospitals. There is also a full supporting lunchtime PRHO teaching programme on a Thursday lunchtime held in ERMEC (food is provided!).

Other educational opportunities

There is a full timetable of other lectures and tutorials, details of which are published on the Intranet (<http://intranet/ermec>). Departments also hold educational meetings, and house officers are welcome to attend those in other departments as well as their own, duties allowing.

In addition to the specific training sessions arranged within the wider body of the Foundation Programme, the F1 doctor will be encouraged to attend the in-house psychiatry teaching held every Wednesday on either the Castle Hill Hospital or Willerby Hill sites. This comprises case presentations, evidence-based critical appraisal, sub-specialty sessions and presentations by invited speakers.

12. EDUCATIONAL SUPERVISOR

Each F1 doctor has a nominated supervisor, with whom they should meet formally on a weekly basis.

13. EDUCATIONAL OBJECTIVES

- To build upon undergraduate education.
- To gain experience and familiarity in dealing with a wide variety of psychiatric conditions occurring in the older population.
- To develop the skills of history taking, physical examination, mental state examination, appropriate investigation and rational prescribing.
- To master several basic medical techniques.
- To improve communication skills with patients, relatives and colleagues.
- To develop skills in managing time and conflicting priorities.
- To develop team working skills.

14. HEALTH AND SAFETY

You are required to inform your line manager of any safety issues that could affect you or others, in the workplace. You are responsible for your own health and safety and must co-operate with management, at all times, in achieving safer work processes and work places, particularly where it can impact on others.

You will be trained in the correct use of any equipment provided to improve safety and health within the Trust. You are required to use the equipment when necessary and as instructed, it is your responsibility to ensure the equipment is safe to use, prior to its use and must report any defects immediately to your line manager.

15. GENERAL INFORMATION

Kingston upon Hull is one of the country's main ports and is an ancient borough, its first Royal Charter being granted 1299. Hull was substantially rebuilt after heaving bombing in World Ward II and is therefore a modern as well as an historic city. There is a yacht marina, an international ice rink and a range of other leisure and recreational facilities, including theatres, cinemas, concert halls and recently The Deep. There are two Universities and a College of Further Education. Shopping facilities including a large shopping complex occupying a unique waterfront position in the centre of the city.

There is easy access to pleasant countryside, coastal resorts, moors and dales. A regular passenger/car ferry operates from Hull to nearby continental ports and direct flights from Humberside airport cover a number of overseas destinations.

NB. All applicants are asked to check, before applying for a post, that they will be eligible for registration with the General Medical Council. You can check for eligibility on the website <http://www.gmc-uk.org> . If there is any uncertainty, contact the GMC and seek advice, preferably in writing. If you cannot register with the GMC you cannot be employed as a Pre Registration House Officer.