

POST

Pre-Registration House Officer (Foundation Year 1) in **GENERAL SURGERY**
(4 Posts)

LOCATION

Northern Lincolnshire and Goole Hospitals NHS Trust was created on 1st April 2001 following the merger of North East Lincolnshire NHS Trust (Grimsby) with Scunthorpe and Goole Hospitals NHS Trust to form an acute Trust serving a catchment area of 500 square miles and a population of circa 410,000. The Trust has a budget of £145 million and employs approximately 4700 staff. Its name reflects the wider geographical area in which the Trust is a major provider of health care.

DIANA, PRINCESS OF WALES HOSPITAL

The Diana, Princess of Wales Hospital in Grimsby is situated on a single site, having been built in 1983 but has subsequently undergone considerable expansion. There are currently 530 beds and the latest developments are a £11.8 million Women and Children's Unit and £1 million dedicated Day Surgery Unit both completed in 2003. A new purpose built Endoscopy Unit and Cardiology Unit completed in 2005. The facilities also include:- MacMillan Chemotherapy Suite, MRI, CT, Isotope and Bone Densitometry Scanners.

DURATION OF POST

4 months (as part of a one year rotational post)

DEPARTMENTAL INFORMATION

The department of General Surgery has 6 Consultant Surgeons and 1 Consultant Urologist. The patients are mainly located in two wards; B2 & B3 with some patients in B4. The acute rota is 1:6. The consultants are located in Wards; one for Vascular, Endocrine & Breast and the other is for GIT and Colorectal. We have the support of 6 SHO and 7 middle grades (SpRs & Staff grade/ Associate Specialists). Regular teaching and individual consultants MDT meetings in relevant disciplines offer plenty of educational opportunities.

DUTIES OF THE POST

The duties of the post include examining and writing up outpatient and in-patient emergency cases with responsibility for special investigation and obtaining blood and other samples and transfusions. There is also, however, a morning phlebotomy service in operation. The duties also include assisting and performing minor and some other operations under supervision, with emergency duties. There is also active encouragement for producing clinical papers.

The postholder's primary responsibility is the day to day care of ward patients under the care of the Consultants in his/her team. The incumbent will receive instruction in procedures and help with management from senior colleagues. He/she will be expected to know the patients in detail and to present them on ward rounds when necessary. Regular tutorials will be provided to cover the generic core curriculum as stipulated by the GMC.

WORKING ARRANGEMENTS/JOB PLAN

Post 1 – Mr M Tilston

	AM	LUNCH	PM
Monday	Endoscopy		Ward Work
Tuesday	Theatre	MDT Meeting F1 Teaching	Outpatient Clinic
Wednesday	Ward Work	Medicine Grand Rounds	Ward Work
Thursday	Outpatient Clinic	Surgery Grand Rounds	Theatre
Friday	Endoscopy		Ward Work

Post 2 – Mr H Pearson

	AM	LUNCH	PM
Monday	Theatre		Outpatient Clinic
Tuesday	Ward Work	F1 Teaching	Ward Work
Wednesday	MDT Meeting/ Endoscopy	Medicine Grand Rounds	Outpatient Clinic
Thursday	Theatre	Surgery Grand Rounds	Breast Clinic
Friday	Ward Work		Theatre

Post 3 – Mr H Souka

	AM	LUNCH	PM
Monday	Ward Round/ Theatre	X-Ray Meeting	General Surgery Outpatient Clinic
Tuesday	Vascular Outpatient Clinic	F1 Teaching	Theatre
Wednesday	Theatre	Medicine Grand Rounds	Theatre
Thursday	Ward Work	Surgery Grand Rounds	Ward Work
Friday	Ward Round Formal Student Teaching		Ward Work

Post 4 – Mr G McAdam

	AM	LUNCH	PM
Monday	Ward Work		Endoscopy
Tuesday	Ward Work	F1 Teaching	Outpatient Clinic
Wednesday	MDT Meeting/ Ward Round	Medicine Grand Rounds	Ward Work/ Theatre
Thursday	Endoscopy	Surgery Grand Rounds	Outpatient Clinic
Friday	Ward Round		Ward Work/ Theatre

EDUCATIONAL OBJECTIVES

To build upon undergraduate education

To gain experience and familiarity in dealing with a wide variety of medical conditions

To develop the skills of history taking, physical examination, appropriate investigation and rational prescribing

To master several basic medical techniques

To improve communication skills with patients, relatives and colleagues

To develop skills in managing time and conflicting priorities.

EDUCATIONAL SUPERVISORS

Post 1 Mr M P Tilston

Post 2 Mr H J Pearson

Post 3 Mr H M Souka

Post 4 Mr J G McAdam

Each Foundation Year 1 Trainee will have a nominated Educational Supervisor, with whom they should meet formally at the commencement of each 4-month rotation, again at 2 months and at the end of the post, using the F1 Training Portfolio as a basis for discussion.

INDUCTION

An induction programme is arranged for new starters at the beginning of August during which they have no other duties and attendance is mandatory. Departmental Inductions will take place at the beginning of each 4-month rotation.

GENERIC SKILLS TRAINING

All F1s are required to attend the Generic Skills Training Programme, which is run in conjunction with other Trusts in the North Yorkshire East Coast Foundation School. You may be required to travel to other hospitals for this training.

There is also weekly F1 Teaching Session in Postgraduate Medical Education, which you are required to attend.

Associate Director of PGME and Clinical Tutor - Dr Joseph Adiotomre. T
Foundation Programme Director - Dr Asif Naqvi

ACCOMMODATION

The post is resident – single accommodation is available

ANNUAL LEAVE

Annual leave will be approved in the majority of cases however all leave is subject to the exigencies of the service and on occasion subject to locum availability

POSTGRADUATE MEDICAL EDUCATION – is committed to delivering high quality education and recognises that education is a life-long process and adopts the philosophy that the development of both service needs and education are closely interrelated in being able to deliver high quality health-care to the community. Osler House contains a 100 seat lecture theatre equipped with the latest Audio Visual Equipment including teleconferencing facilities. In addition there is a 30 seat Seminar Room that houses similar AV Equipment and teleconferencing facilities.

LIBRARY SERVICES - As well as traditional library services such as access to books, journals and inter-library loans; the library provides access to Internet services. 24-hour access to Databases such as Medline, The Cochrane Library, Electronic Journals, 123 Doc, MCQ and exam preparation websites is made available via the Internet. 24 hour Library access will also be available in 2006. All Doctors have access to training in the effective searching of healthcare databases, and this is now being offered both in the library and/or hospital departments upon request.

LEARNING RESOURCE CENTRE - is a dedicated Information Technology training centre and offers a full training curriculum from basic computer skills, use of the Internet and the application of basic principles in databases, spreadsheets, PowerPoint etc. through to highly specialised system training on hospital information systems.

HEALTH AND SAFETY

Under the Health & Safety at Work Act 1974 it is the responsibility of individual employees at every level to take care of their own health and safety at work and that of others who may be affected by their acts at work. This includes co-operating with management in complying with health and safety obligations, particularly by reporting promptly any defects, risks or potential hazards.

GENERAL INFORMATION

The main centres of population within Northern Lincolnshire and Goole are Grimsby, Scunthorpe, Goole, Brigg, Immingham and Cleethorpes.

Grimsby and Cleethorpes (covering 80% of the North East Lincolnshire Unitary Authority population) are situated at the mouth of the Humber Estuary. Scunthorpe is 30 miles to the West, within the North Lincolnshire Council area, with Goole a further 25 miles west within East Riding. Further a field; Hull is 30 miles to the North with Louth 15 miles to the South. The population within the area covered by the Trust is estimated at 358,000. There is an additional population of 85,000 within East and coastal Lincolnshire, which also looks to the Diana, Princess of Wales Hospital for a wide range of services.

NORTH EAST LINCOLNSHIRE - North East Lincolnshire is a small but diverse area on the east coast where the Humber estuary meets the North Sea. The adjoining towns of Grimsby and Cleethorpes form the largest centres of population, with the major container port of Immingham to the north. In contrast, rural communities such as Laceby, Waltham, Aylesby, Irby and Wold Newton extend into the attractive Lincolnshire Wolds. The area is well served by roads. It is less than three hours to London by rail and is only a few minutes drive to Humberside Airport, which has daily international flights, connecting to European International airports. The famous Humber Bridge enables you to reach the ferry port in Hull in less than an hour.

GRIMSBY - Grimsby, Europe's Food Town, offers you what no other town in the country can offer - a deep history, a great selection of shops, a most famous fishing heritage and much, much more. Grimsby lies on the South Bank of the Humber Estuary and is the 'capital' of North East Lincolnshire. Once famous for its fishing industry, Grimsby has carved a new identity in recent years and is currently poised for exciting developments as part of the local urban regeneration plans.

CLEETHORPES - All the ingredients you expect of a traditional seaside resort are still alive in Cleethorpes. Four miles of safe sandy beaches, a superb events and festivals programme and a host of quality attractions and friendly accommodation. The seaside town of Cleethorpes offers a multitude of attractions to suit many tastes. Nature lovers can stroll along the coastal path, watching the

variety of wildlife that inhabits the shoreline - an area of natural beauty and one of Europe's most important estuarine wildlife havens. Cleethorpes seafront is a lively place to be, night or day. Visitors to Cleethorpes will find no shortage of places to eat and drink.

ALL APPLICANTS PLEASE NOTE -

All applicants are asked to check, before applying for a post, that they will be eligible for registration with the General Medical Council.

You can check for eligibility on the website <http://www/gmc-uk.org> If there is any uncertainty please contact the GMC and seek advice, If you cannot register with the GMC you cannot be employed as a Foundation Year 1 Trainee.