

DIANA, PRINCESS OF WALES HOSPITAL, GRIMSBY

POST

Pre-Registration House Officer (Foundation Year 1) in **ELDERLY MEDICINE (2 Posts)**

LOCATION

Northern Lincolnshire and Goole Hospitals NHS Trust was created on 1st April 2001 following the merger of North East Lincolnshire NHS Trust (Grimsby) with Scunthorpe and Goole Hospitals NHS Trust to form an acute Trust serving a catchment area of 500 square miles and a population of circa 410,000. The Trust has a budget of £145 million and employs approximately 4700 staff. Its name reflects the wider geographical area in which the Trust is a major provider of health care.

DIANA, PRINCESS OF WALES HOSPITAL

The Diana, Princess of Wales Hospital in Grimsby is situated on a single site, having been built in 1983 but has subsequently undergone considerable expansion. There are currently 530 beds and the latest developments are a £11.8 million Women and Children's Unit and £1 million dedicated Day Surgery Unit both completed in 2003. A new purpose built Endoscopy Unit and Cardiology Unit completed in 2005. The facilities also include:- MacMillan Chemotherapy Suite, MRI, CT, Isotope and Bone Densitometry Scanners.

DURATION OF POST

4 months (as part of a one year rotational post)

DEPARTMENTAL INFORMATION

The Department of Elderly Medicine offers training to support the Foundation Years Programme. The department has four Consultants who provide comprehensive care for older adults including unselected emergency ontake, inpatient and outpatient management including rehabilitation, day hospital care and domiciliary assessment at the request of General practitioners. Each of the four Consultants has their special areas of interests. The Department also has four Staff Grade Physicians, one Registrar, four Senior House Officers, two Trust Grade Doctors and two GP Clinical Assistant sessions. The department is currently involved in the teaching of Phase 2 and 4 Medical Students from the University of Sheffield and is also actively involved in teaching students from the Hull York Medical School during their attachment in Grimsby.

DUTIES OF THE POST (2 POSTS)

The PRHO would be expected to participate in the first on-call rota for unselected emergency ontake and would, therefore, be exposed to the management of common medical emergencies. One F1 would be based on Ward C4 and the other on Ward C5 with a Senior House Officer where he/she would be involved in the day-to-day management of older adults including the role of multidisciplinary teams and rehabilitation. The F1 would be expected to assist in the informal teaching of medical students and during the "shadowing period".

The department has an active teaching programme. The teaching programme includes:

- Departmental Journal Club/Seminar fortnightly
- Departmental X-ray meeting weekly
- Hospital Grand Round weekly
- Division of Medicine monthly Clinical Audit Medicine

WORKING ARRANGEMENTS/JOB PLAN

12 person full shift rota (subject to change)

Every 12 weeks - 2 full weeks of nights

1 three day weekend 0900 – 2300

All weekdays 0900 - 1700

POST 1 – Dr J A Adiotomre

	AM	LUNCH	PM
Monday	Ward Work		Consultant Ward Round
Tuesday	Consultant Ward Round	F1 Teaching Session	Ward Work
Wednesday	Multidisciplinary Meeting	Medicine Grand Round	Ward Work
Thursday	Consultant Ward Round	Surgery Grand Round	Ward Work
Friday	Consultant Ward Round		SpR Ward Round

POST 2 – Dr L Woosnam

	AM	LUNCH	PM
Monday	Multidisciplinary Meeting		Consultant Ward Round
Tuesday	Consultant Ward Round	F1 Teaching Session	Ward Work
Wednesday	Multidisciplinary Meeting	Medicine Grand Round	Ward Work
Thursday	Consultant Ward Round	Surgery Grand Round	Consultant Ward Round
Friday	Ward Work		Ward Work

EDUCATIONAL OBJECTIVES

To build upon undergraduate education

To gain experience and familiarity in dealing with a wide variety of medical conditions

To develop the skills of history taking, physical examination, appropriate investigation and rational prescribing

To master several basic medical techniques

To improve communication skills with patients, relatives and colleagues

To develop skills in managing time and conflicting priorities.

EDUCATIONAL SUPERVISORS

Post 1 Dr J A Adiotomre

Post 2 Dr L Woosnam

Each Foundation Year 1 Trainee will have a nominated Educational Supervisor, with whom they should meet formally at the commencement of each 4-month rotation, again at 2 months and at the end of the post, using the F1 Training Portfolio as a basis for discussion.

INDUCTION

An induction programme is arranged for new starters at the beginning of August during which they have no other duties and attendance is mandatory. Departmental Inductions will take place at the beginning of each 4-month rotation.

GENERIC SKILLS TRAINING

All F1s are required to attend the Generic Skills Training Programme, which is run in conjunction with other Trusts in the North Yorkshire East Coast Foundation School. You may be required to travel to other hospitals for this training. There is also weekly F1 Teaching Session in Postgraduate Medical Education, which you are required to attend.

Associate Director of PGME and Clinical Tutor - Dr Joseph Adiotomre. T
Foundation Programme Director - Dr Asif Naqvi

ACCOMMODTION

The post is resident – single accommodation is available

ANNUAL LEAVE

Annual leave will be approved in the majority of cases however all leave is subject to the exigencies of the service and on occasion subject to locum availability

POSTGRADUATE MEDICAL EDUCATION – is committed to delivering high quality education and recognises that education is a life-long process and adopts the philosophy that the development of both service needs and education are closely interrelated in being able to deliver high quality health-care to the community. Osler House contains a 100 seat lecture theatre equipped with the latest Audio Visual Equipment including teleconferencing facilities. In addition there is a 30 seat Seminar Room that houses similar AV Equipment and teleconferencing facilities.

LIBRARY SERVICES - As well as traditional library services such as access to books, journals and inter-library loans; the library provides access to Internet services. 24-hour access to Databases such as Medline, The Cochrane Library, Electronic Journals, 123 Doc, MCQ and exam preparation websites is made available via the Internet. 24 hour Library access will also be available in 2006. All Doctors have access to training in the effective searching of healthcare databases, and this is now being offered both in the library and/or hospital departments upon request.

LEARNING RESOURCE CENTRE - is a dedicated Information Technology training centre and offers a full training curriculum from basic computer skills, use of the Internet and the application of basic principles in databases, spreadsheets, PowerPoint etc. through to highly specialised system training on hospital information systems.

HEALTH AND SAFETY

Under the Health & Safety at Work Act 1974 it is the responsibility of individual employees at every level to take care of their own health and safety at work and that of others who may be affected by their acts at work. This includes co-operating with management in complying with health and safety obligations, particularly by reporting promptly any defects, risks or potential hazards.

GENERAL INFORMATION

The main centres of population within Northern Lincolnshire and Goole are Grimsby, Scunthorpe, Goole, Brigg, Immingham and Cleethorpes.

Grimsby and Cleethorpes (covering 80% of the North East Lincolnshire Unitary Authority population) are situated at the mouth of the Humber Estuary. Scunthorpe is 30 miles to the West, within the North Lincolnshire Council area, with Goole a further 25 miles west within East Riding. Further a field; Hull is 30

miles to the North with Louth 15 miles to the South. The population within the area covered by the Trust is estimated at 358,000. There is an additional population of 85,000 within East and coastal Lincolnshire, which also looks to the Diana, Princess of Wales Hospital for a wide range of services.

NORTH EAST LINCOLNSHIRE - North East Lincolnshire is a small but diverse area on the east coast where the Humber estuary meets the North Sea. The adjoining towns of Grimsby and Cleethorpes form the largest centres of population, with the major container port of Immingham to the north. In contrast, rural communities such as Laceby, Waltham, Aylesby, Irby and Wold Newton extend into the attractive Lincolnshire Wolds. The area is well served by roads. It is less than three hours to London by rail and is only a few minutes drive to Humberside Airport, which has daily international flights, connecting to European International airports. The famous Humber Bridge enables you to reach the ferry port in Hull in less than an hour.

GRIMSBY - Grimsby, Europe's Food Town, offers you what no other town in the country can offer - a deep history, a great selection of shops, a most famous fishing heritage and much, much more. Grimsby lies on the South Bank of the Humber Estuary and is the 'capital' of North East Lincolnshire. Once famous for its fishing industry, Grimsby has carved a new identity in recent years and is currently poised for exciting developments as part of the local urban regeneration plans.

CLEETHORPES - All the ingredients you expect of a traditional seaside resort are still alive in Cleethorpes. Four miles of safe sandy beaches, a superb events and festivals programme and a host of quality attractions and friendly accommodation. The seaside town of Cleethorpes offers a multitude of attractions to suit many tastes. Nature lovers can stroll along the coastal path, watching the variety of wildlife that inhabits the shoreline - an area of natural beauty and one of Europe's most important estuarine wildlife havens. Cleethorpes seafront is a lively place to be, night or day. Visitors to Cleethorpes will find no shortage of places to eat and drink.

ALL APPLICANTS PLEASE NOTE -

All applicants are asked to check, before applying for a post, that they will be eligible for registration with the General Medical Council.

You can check for eligibility on the website <http://www/gmc-uk.org> If there is any uncertainty please contact the GMC and seek advice, If you cannot register with the GMC you cannot be employed as a Foundation Year 1 Trainee.