



# North Yorkshire East Coast *foundation school*

Working with NHS Trusts across North and East Yorkshire and Northern Lincolnshire

## **YORK HOSPITALS NHS FOUNDATION TRUST AND NHS NORTH YORKSHIRE AND YORK**

### **GENERAL INFORMATION**

York is a richly historic city with a population of around 100,000. There are excellent road and rail links to surrounding towns and cities as well as easy access to the Yorkshire Moors, Dales and East Coast. London is accessible by train in less than 2 hours and there are regional airports in Leeds and Hull.

### **INFORMATION REGARDING YORK HOSPITAL**

York Hospitals Foundation NHS Trust has an annual budget of c£140 million. It employs approximately 4,000 staff and services an extended population of over 300,000. Its main income is currently derived from NHS North Yorkshire and York. In April 2007 the Trust was licensed to operate as a foundation trust – a status which will assist in the continued development and enhancement of services for our population.

York Hospital, which opened in 1976, is a well-equipped, modern unit of 718 beds. The hospital has recently undergone major redevelopment of its surgical facilities increasing theatre, day unit and short stay capacity. Other developments include a combined Haematology and Oncology Outpatient Centre, a new integrated breast unit, a vascular imaging unit and new Head and Neck outpatient and treatment facilities. Future developments include an improved and more efficient inpatient facility.

Included in the comprehensive range of acute services provided on this site is a 58-bedded maternity unit, a ten bedded critical care unit (including four high dependency beds) and an eight-bedded coronary care unit and an accident and emergency department.

York Hospital is part of the joint undergraduate Hull and York Medical School with partners the University of York, University of Hull and Hull and East Yorkshire Hospitals NHS Trust. The first students commenced in September 2003 and follow a five-year curriculum, which makes strong use of problem based learning techniques. The new Gillespie Building, built at the hospital, provides new and improved teaching facilities for undergraduate students. This building also houses a comprehensive research and development function that provides a service across North Yorkshire.

### **INFORMATION REGARDING BOOTHAM PARK HOSPITAL**

York Mental Health Services are part of NHS North Yorkshire and York and are based at Bootham Park Hospital. The service covers a population of approximately 285,000 in a catchment area of approximately 400 square miles in and around the historic City of York and

parts of North Yorkshire. Bootham Park Hospital is situated adjacent to York Hospital, close to the centre of the historic City of York. There are 13 core psychiatric trainees (CTs) and 3 GPStRs working in psychiatry based at Bootham Park Hospital. There are 21 consultant psychiatrists working in different specialties in York, as well as 2 Associate Specialists and usually around 6 Specialist Registrars or ST4-6s.

Bootham Park has assessment beds for general psychiatry and old age psychiatry, mother and baby beds. In York Hospital Ward 37 is an assessment ward for elderly patients with mental health and physical health problems, managed jointly by a consultant Physician and a consultant Psychiatrist. There is a PICU (psychiatric intensive care unit), 2 acute wards and a “recovery” ward at Bootham Park Hospital.

### **Other Units/Services**

- ☐ Lime Trees – Child, Adolescent & Family Unit with out-patient, day patient and in-patient facilities.
- ☐ CRHHT (Crisis Resolution and Home Treatment Team).
- ☐ Early Intervention Team.
- ☐ The Community Residential and Rehabilitation Service comprising of 3 residential units, day services and the Assertive Outreach Team.
- ☐ Four Community Units for the Elderly (CUE’s) with beds for continuing care, assessment and respite, and also day and outreach services.
- ☐ One Challenging Behaviour Unit for the Elderly (Peppermill Court).
- ☐ Westerdale – Low secure services for severely ill challenging patients.
- ☐ Riverfields – For ongoing care of patients with severe and enduring mental illness and behaviour problems.
- ☐ Learning Disabilities Services are provided in four Special Needs Units in and around York.
- ☐ St Andrews Psychotherapy Centre and Psychological treatment services.
- ☐ A number of Day Care Facilities jointly managed by Health and Social Services.
- ☐ Clinics are held in Bootham Park Hospital, York District Hospital and in community settings around the district.
- ☐ Addiction Services are run with voluntary organisations.

### **ACCOMMODATION**

F1 posts are non-resident.

### **HOURS MONITORING AND THE NEW DEAL**

All doctors in training will be required to monitor their hours of work and rest during a set period throughout each period of employment at least once.

### **INDUCTION**

An induction programme is arranged for new starters at the beginning of August during which they have no other duties and attendance is mandatory. Departmental inductions will take place at the beginning of each 4-month rotation.

## TERMS AND CONDITIONS

Your pay and terms and conditions of employment are determined by the Medical and Dental Whitley Council as follows;

- a) Pay and allowances
- b) Rota/hours
- c) Annual Leave

## POSTGRADUATE MEDICAL EDUCATION

The Postgraduate Centre aims to ensure the provision of high quality Postgraduate Medical and Dental Education for all training grade doctors and dentists. In addition the Centre monitors training activity for all grades of medical staff and hosts multidisciplinary training events in order to support continued professional development.

## LIBRARY SERVICES

All doctors are welcome to join the library at York Hospital. The library contains medical, health and management resources. There is also access to electronic journals and databases. Computing, printing, scanning, photocopying facilities and study areas are available. Other services include literature searching, training on searching for information and inter library loans.

## PERSONAL DEVELOPMENT PROGRAMME

All F1's are required to attend the Personal Development Programme, which is run in conjunction with the other Trusts in the North and East Yorkshire Coast Foundation School. You may be required to travel to other hospitals for this training. There is also a weekly F1 teaching session in Postgraduate Medical Education, which you are required to attend.

## EDUCATIONAL SUPERVISOR

Each Foundation Year 1 Trainee will have a nominated Educational Supervisor, with whom they should meet formally at the commencement of each 4-month rotation, again at 2 months and at the end of the post, using e-portfolio as a basis for discussion.

## HEALTH AND SAFETY

The post holder must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974 to ensure that agreed procedures are carried out and that a safe working environment is maintained for patient, visitors and employees.

You are required to inform your line manager of any safety issues that could affect you or others, in the workplace. You are responsible for your own health and safety and must co-operate with management, at all times, in achieving safer work processes and work places, particularly where it can impact on others.

You will be trained in the correct use of any equipment provided to improve safety and health within the Trust. You are required to use the equipment when necessary and as instructed, it is

your responsibility to ensure the equipment is safe to use, prior to its use and must report any defects immediately to your line manager.

#### ALL APPLICANTS PLEASE NOTE

All applicants are asked to check before applying for a post, that they will be eligible for registration with the General Medical Council.

You can check your eligibility on the website <http://www.gmc-uk.org> If there is any uncertainty please contact the GMC and seek advice. If you cannot register with the GMC you cannot be employed as a foundation Year 1 Trainee.