



## JOB DESCRIPTION

### POST

Foundation Year 1 doctor in **DME (Elderly Medicine)**

### LOCATION

Hull Royal Infirmary (3 posts), Castle Hill Hospital (1 post)

### DURATION OF POST

4 months (as part of a 1 year rotational post)

### DEPARTMENTAL INFORMATION

Elderly Medicine Department currently has a bedbase of 160 beds over 6 wards at Hull Royal Infirmary and Castle Hill Hospital. Patients are admitted via the acute assessment unit with a wide range of medical co-morbidity and deals with patients acute and rehabilitation needs.

The department currently has 8 consultant physicians in elderly medicine, 6 middle grade doctors. All consultants have a special interest covering a variety of elderly medicine interests including falls, osteoporosis, movement disorders, diabetes, heart failure, continence and community geriatrics.

There are 12 junior doctors at Hull Royal Infirmary (F2, ST1 and 2, GPVTS) and 4 junior doctors at Castle Hill Hospital (F2, ST posts).

### DUTIES OF THE POST

These posts provide excellent experience in general medicine as well as experience in the needs of the older person. Experience will be gained in a wide range of medical pathology. Post holders will be involved with running a ward in conjunction with a medical team and will work with primarily one consultant.

Post holders will have the opportunity to gain further acute experience working on the acute assessment unit where they will see an unselected take of patients admitted through general practice or the emergency department. On call commitment will be on the acute assessment unit (AAU) at Hull Royal Infirmary.

## WORKING ARRANGEMENTS/JOB PLAN

On average the post holder will spend 3 months on the elderly medicine wards working 9 – 5 day shifts. The remaining time is spent on the acute assessment unit working a shift pattern. This incorporates normal days, long days, late shifts and nights. The nights are split into blocks of 3 or 4.

Educational activities include generic training days, departmental teaching and attendance at the medical grand round.

## EDUCATIONAL OBJECTIVES

- To build on undergraduate education
- Gain experience in history taking, assessment and management of wide range of medical conditions.
- Develop acute skills to recognize an acutely ill patient
- Experience in basic practical procedures
- Improve communication with patients, relatives and colleagues.
- Develop skills in organization and time management.