

**YORK HOSPITALS NHS TRUST
YORK HOSPITAL**

F2 in MEDICINE FOR THE ELDERLY

1. York Hospital

York hospital opened in 1976 and is embarked on an extensive refurbishment and enlargement programme. As a DGH it provides emergency and planned care for a population of c310,000 and more specialised services through extensive clinical networks to a population approaching 500,000. All the major specialties are represented on site. Neuro, Cardiothoracic and Plastic Surgery are provided at Leeds or Hull with visiting Consultants coming to York. There is a separate Day Unit [currently being refurbished and extended] and 14 main theatres [4 new completed 2004]. Patient care is supported by a recently refurbished and reequipped CCU, Intensive Care Unit and High Dependency Unit. The radiology dept is fully equipped with two CT's [2nd being commissioned July 2005] and MRI.

Recent developments in addition to above have included:-

- New Ophthalmology and Endocrinology building
- Cardio and Vascular imaging unit
- New Head and Neck out patient Department
- New Integrated Breast Unit and Centre for North Yorkshire Breast Screening Service
- Haematology and Oncology Outpatients
- A second satellite Renal Dialysis unit in addition to main unit in the hospital and one in Easingwold
- Hull York Medical School Education Centre
- There is a planned treatment centre a short distance away.

2. Hospital Service

Services provided locally:

Accident and Emergency
Anaesthetics including acute and chronic pain services
Biochemistry
Breast Cancer
Cardiology
Colorectal Cancer
Coronary Care (8 bed unit)
Day Unit
Diabetology/Endocrine
Elderly Medicine
Gastroenterology
General Medicine
General Surgery
Gynaecology
Histopathology

Imaging Services
Intensive Care (8 Places)
Laboratory Haematology
Lung Cancer
Neurology
Obstetrics
Operating Theatres (14 theatres in main suite)
Paediatrics (including Special Care Baby Unit and Neonatal Intensive Care)
Respiratory Medicine
Trauma and Orthopaedics
Upper GI Surgery

Services provided as part of a wider clinical alliance:

Breast Screening
Cervical Cytology
Dermatology
ENT
Maxillo Facial Surgery
Microbiology
Neurophysiology
Non-Surgical Oncology
Ophthalmology
Renal Medicine
Rheumatology
Sexual Health (including GUM)
Urology

Services working towards formation of a wider clinical alliance:

Clinical Haematology & Vascular Services

3. The Department of Medicine for the Elderly – General Information

The Department of Medicine for the Elderly aims to provide comprehensive specialist medical care for the Elderly of the district. This includes both the urban population of York City and a large scattered rural population. Total population approximately 300,000. The service is, therefore, geographically sectorised.

The Department has facilities on 4 sites: York Hospital, Selby War Memorial Hospital, St Helens Community Rehabilitation Unit and Whitecross Court Community Rehabilitation Unit.. The F2's have NO input whatsoever to SWMH, St Helens and WXC – these are Consultant led.

4. Medical Staff

Each Consultant leads a team with 2 – 3 junior doctors/staff grade.
Consultants (Special interests in brackets):-

Dr S Kesevan – (Psychiatric liaison)
 Dr A Corlett - (Endoscopy)
 Dr D Heseltine (Endoscopy, Orthopaedic liaison)
 Dr. J. Coyle – (Stroke)
 Dr. A.W. McEvoy – (Clinical Governance)
 Dr.P Pearce – (Orthopaedic liason)
 Dr M Harkness – (Stroke)

Non-Consultant Staff

2 Specialist Registrar
 1 Staff Grade
 6 Senior House Officers (5 G.P. Trainees and 1 Medical Rotation)
 2 F2s
 2 F1s

5. Services Provided

Acute

The Acute Services are based at York Hospital where an age related (over 75) sectorised policy is operated. There is an Elderly Medical Unit (EMU) which is a 6-trolley reception area during the day. There is an 18 bed medical Admission Ward, shared with General Medicine overnight. There is a short stay ward shared with General Medicine for patients who are predicted to have an in patient stay of less than three days. There are 100 acute beds based on four wards. There is a 15 bedded Acute Stroke Unit which takes patients of all ages. Each Consultant has a main ward and when patients are admitted to other wards they remain under the care of the physician for their sector. (Refer to table 1)

The majority of patients are discharged home from this area but those who require a more prolonged period of rehabilitation are transferred to either the speciality wards at York Hospital (Stroke Rehabilitation and joint care with Psychiatry of Old Age) or, Community Based Care at the York Community Rehabilitation Units or Selby Hospital.

BEDS AND MEDICAL STAFF (TABLE 1)	
York Hospital	Consultant
Ward 22 (25)	Dr Coyle (West) Dr Harkness (East)
Ward 23 (25)	Dr Corlett (West) Dr Kesavan (East)
Ward 24 (25)	Dr Pearce (West) Dr Heseltine (East)
Ward 25 (25)	Dr Pearce (West) Dr Heseltine (East)
Ward 36 (15) Acute Stroke Unit	Dr Coyle (West) Dr Harkness (East)
Ward 37 (21) Joint Assessment Unit	Dr. Kesavan Dr. Brown (Psychiatrist)

Ward 39(19) Stroke Rehabilitation	Dr. Coyle Dr Harkness
SELBY HOSPITAL Castle Ward (20)	Dr. Pearce
East CRUE Whitecross Court (24)	Dr. Heseltine, Dr. Kesavan
West CRUE St. Helen's (20)	Dr Coyle Dr. McEvoy

Stroke Services

There is a 15 bedded acute stroke ward. All stroke patients should be transferred to this ward after admission. They will be under the care of Dr Coyle (West) or Dr Harkness (East) and SHO/F2 will be attached to this ward and the 19 bedded stroke rehabilitation ward. There will be an opportunity to attend a stroke out patient clinic and a TIA clinic. There are weekly MDT meetings.

Joint Assessment Ward (with Psychiatry)

Assessment and management of patients with mixed needs takes place on a specialist 21-bedded ward in York Hospital. The ward is currently the joint responsibility of a Physician for the Elderly (Dr S Kesevan) and a Psychiatrist for the Elderly (Dr. L. Brown). Weekly joint multi-disciplinary ward rounds take place. Acute, arranged and transferred admissions are accepted on to this ward and length of stay is approximately 25 days. This part of the service is non-sectorised.

Relationship to General Medicine

During the day most Medicine for the Elderly admissions are admitted directly to the Acute Wards via EMU whereas at night most are admitted directly to the Medical Admission Ward. The departments enjoy a close working relationship and elderly patients have full access to all investigations and treatments. In particular, there is no age related policy for admission to Coronary Care.

Community Based Facilities

F2s F1s and SHOs have no input.

6. Out of Hours Arrangements

The Department currently admits all over 75 year old acutely ill patients. Admissions average 14 per 24 hours. The SHOs F2s and Staff Grade doctor will work an 8 person full shift and are first on-call for Elderly Medicine. The rota includes 1 week of nights and 1 weekend in every 8-week cycle. The medical Registrars are second on-call and cover both General and Elderly Medical patients. The Medicine for the Elderly Consultants when on-call cover the Rehabilitation Hospitals for any emergencies or urgent advice. Non consultant staff are not involved in any cover of these.

7. Duties

- a) Each F2 shares responsibility for patients under care of his/her supervisory consultant on the York Hospital site. There is no responsibility for patients on other sites.
- b) Each F2 accompanies the Consultant on ward rounds in YDH (2 per week approximately).
- c) Each F2 is responsible for the dictation of Discharge Summaries to the GP and appropriate liaison with other professionals.
- d) The F2 may take part in Out-Patient Clinics under close Consultant supervision.
- e) When on-call the F2 will be expected to take part in post-take ward rounds with the on-call consultant and communicate effectively in handover to other staff.
- f) Advice on psychiatric problems arising in patients on the Joint Assessment Ward will be available during working hours from Dr Brown's trainee in Psychiatry, who has a sessional commitment to the ward. The Duty Psychiatric Trainee will be available for advice at other time.
- g) Annual leave and study leave is managed flexibly despite the full shift working pattern. Each doctor provides out of hours prospective cover for colleagues and is expected to manage leave and cover arrangements by mutual consent.
- h) He/She will be expected to provide supervision of the F1 with Consultant Support
- i) He/She will be expected to participate actively in Clinical Governance, Clinical Audit and Medical Education including teaching and case presentation at departmental clinical meetings. Regular appraisal will be take place with a supervising consultant.
- j) He/She will be expected to attend Generic Skills Training Days and to work towards the assessments required for F2 training

7. Postgraduate Activities

The Postgraduate Medical Centre is based at YDH and meetings are held regularly, both of a general and specialist nature, throughout the week. The Centre is fully equipped with lecture theatres, seminar rooms and most audio-visual aids. There is also a medical library staffed with full time librarians. Participation the postgraduate programme is encouraged.

8. Annual Leave / Study Leave

When booking annual leave / study leave a minimum of 6 weeks notice is required. All leave must be authorised by Dr Corlett . Leave requests may be declined if there is insufficient notice, except for in extenuating circumstances, which must then be discussed with Dr Corlett..

9. Conditions of Service

The salary scale and conditions of service are those for Hospital Medical and Dental Staff (England and Wales).

10. New Deal

York Hospital NHS Trust works hard to achieve compliance to New Deal Targets. We therefore have a contractual obligation to monitor junior doctors' New Deal compliance and the application of the banding system. For this purpose the Trust has adapted the method of the Yorkshire Monitoring Cards. You will be contractually obliged to co-operate with the monitoring arrangements and will be required to complete the diary cards during your period of employment with the Trust. Failure to monitor may lead to disciplinary

10. General

York Hospital is within walking distance of the city centre, which is just over a mile away. York is an attractive medieval city with lots of cultural activities, wonderful museums and an active nightlife too. There are good train and road connections to Leeds with easy access to Leeds/Bradford airport and other parts of the county and the country. York is on the main railway line to London.

York Hospitals NHS Trust provides healthcare to a population spread over approximately 400 square miles. The area extends to Easingwold in the North and Selby to the South.