

**2006/2007**

**FOUNDATION YEAR 2**

**ROTATION ONE**

**General & Elderly Medicine / Obstetrics & Gynaecology /  
General Surgery**

**NORTHERN LINCOLNSHIRE AND GOOLE HOSPITALS NHS TRUST**

**Job Description**

**Senior House Officer – Foundation Training Year 2  
Based at either Scunthorpe or Grimsby**

**From August 2004 we are able to offer a number of new SHO rotations. Each rotation comprises of three four monthly placements and offers the candidate a wide range of experience in the different specialities. The posts are supported by the Postgraduate Dean. A named Educational Supervisor will carry out regular appraisals and assessments.**

**THE TRUST**

Northern Lincolnshire and Goole Hospitals NHS Trust was created on 1<sup>st</sup> April 2001 following the merger of North East Lincolnshire NHS Trust (Grimsby) with Scunthorpe and Goole Hospitals NHS Trust to form an acute Trust serving a catchment area of 500 square miles and a population of circa 410,000. The Trust has a budget of £145 million and employs approximately 4700 staff. Its name reflects the wider geographical area in which the Trust is a major provider of health care.

The strategic direction for local service provision has been recast in the light of a Service Review. The strategic direction is based upon:

The development of unified Clinical services across South Humber, delivered in three hospital settings, (namely Diana, Princess of Wales Hospital, Grimsby, Scunthorpe General Hospital and Goole & District Hospital)

- The development of specialist and sub-specialist expertise within these services
- Ensuring local services achieve both service and training accreditation requirements
- Maximising local service provision to local people
- The use of modern technology to support those unified services

This strategy is supported by South Humber Health Authority, the North East Lincolnshire and North Lincolnshire Primary Care Trusts and Local Authorities.

# DIANA, PRINCESS OF WALES HOSPITAL

## GRIMSBY

The Diana, Princess of Wales Hospital in Grimsby is situated on a single site, having been built in 1983 but has subsequently undergone considerable expansion. There are currently 530 beds and the latest developments are a £1 million dedicated Day Surgery Unit, which opened in January 2003, a £11.8 million Women and Children's Unit which opened in July 2004 and a planned purpose built Endoscopy Unit and Cardiology Unit.

### The Rotation

ROTATION	4 MONTHS	4 MONTHS	4 MONTHS
<b>1</b> <b>3 POSTS</b>	General Medicine/ Elderly Medicine  Dr J A Adiotomre	Obstetrics & Gynaecology  Mr I I Bolaji	General Surgery  Mr M Tilston
<b>2</b> <b>3 POSTS</b>	Paediatrics  Dr S Herber	General Practice  Dr S Topham	General Surgery/ Vascular Surgery  Mr H Souka
<b>3</b> <b>3 POSTS</b>	General Medicine/ Diabetes  Dr F Abourawi	General Practice  Dr R Crombie	Orthopaedics  Mr J A Roberts
<b>4</b> <b>3 POSTS</b>	General Medicine/ Cardiology  Dr M Walters	General Practice  Dr A Finch	Accident & Emergency  Mr A Shweikh
<b>5</b> <b>3 POSTS</b>	General Medicine/ Respiratory  Dr H O'Flynn/Dr D Jones	Psychiatry  Dr I Rehman	Ophthalmology  Mrs P Bagga

## GENERAL MEDICINE / ELDERLY MEDICINE

### THE WORK OF THE DEPARTMENT

**The Department of Medicine for the Elderly is responsible for acute admissions, assessment and rehabilitation of patients aged 75 and over. There are also some selected cases admitted who are between 65 and 74 years of age. The Department is also responsible for providing advice and some rehabilitation for the patients who are admitted to other wards in the hospital, including the Accident and Emergency Department.**

There are currently 110 beds of which 60 beds are situated in Bader and Cornwell Wards on the North Side of the Hospital site and 50 beds in the main Hospital building. Ward C4 and C7 are Acute Elderly Medical Wards. Ward C7 has new state of the art facilities for Elderly Rehabilitation. Cornwell and Bader Wards respectively function as stroke rehabilitation for all adults and general rehabilitation for older people.

There is a well run Medical Day Hospital for the Elderly on the North side, which caters for 40 patients each day. It has its own dedicated multi-disciplinary staff including Medical and Nursing staff, Physiotherapist, Occupational Therapist, Speech Therapist, Social Workers and Voluntary Workers.

The Department has good liaison with the Department of General Medicine. There is a joint Medical Admissions Unit within the Main Hospital where acute general medicine and elderly patients (with the exception of suspected/confirmed acute myocardial infarction and possible infectious diseases) are assessed before being transferred to Medical and Elderly wards. All adults and older people with suspected/confirmed Acute Myocardial Infarction are admitted to the Coronary Care Unit.

### DUTIES OF THE POST

The post will provide training in the acute medical management and rehabilitation in older people. Experience would also be gained in the multi-disciplinary team approach in the management of older patients. The duties will therefore involve inpatient care, outpatient clinics and work in the Day Hospital for the Elderly. Teaching of nursing staff and medical students would be encouraged.

**Participation in Clinical Audit is mandatory and SHOs would be encouraged to complete an audit project within the six months of the rotation. Research is according to the personal initiative of the Doctor**

### TIMETABLE

#### Post 1 – SHO Bader Ward

	AM	LUNCH	PM
<b>MONDAY</b>	Outpatient Clinic		Ward Round (LW) Discharge Summaries
<b>TUESDAY</b>	Ward Round (JAA)	Journal Club	Ward Round Discharge Summaries
<b>WEDNESDAY</b>	MDM/Ward Work	Postgraduate Clinical Meeting	Ward Work Discharge Summaries
<b>THURSDAY</b>	Ward Round (JAA)	X-Ray Meeting	Ward Round (LW) Ward Work
<b>FRIDAY</b>	Ward Round/ Ward Work Discharge Summaries		Ward Work Discharge Summaries

## OBSTETRICS & GYNAECOLOGY

The department provides a full general obstetrics and gynaecology service with approximately 2200 deliveries per annum. Grimsby is in the forefront of developments in team midwifery and midwifery lead care. Consultant special interests include: Infertility, Uro-gynaecology, High Risk Obstetrics, Out-patient Hysteroscopy, Colposcopy, Endoscopic Gynaecology Surgery and Early Pregnancy Assessment.

### WORK OF THE DEPARTMENT

GYNAECOLOGY	OBSTETRICS
12 theatre sessions	Antenatal / postnatal clinics
6 Out-patient sessions per week	4 sessions weekly
Speciality clinic (fertility clinic, colposcopy and oncology)	Daily ward round
10 Consultant ward rounds weekly	Care of antenatal, labouring and
Acute admissions – Routine list admissions	Postnatal patients
Pre-operative care of patients	Emergency admissions to the Consultant unit
Post-operative care of patients	Obstetric day unit
Early pregnancy assessment unit – Mon-Sat	10 Consultant labour ward sessions per week
Daily registrar rounds	10 Consultant rounds per week

### DUTIES OF THE POST

The programme of work consists of ward outpatient's care. A typical timetable is as shown. There may be slight variation depending on the Consultant the holder is allocated to.

### TIMETABLE

	AM	PM
Monday	Gynaecology Clinic	Theatre / Ultrasound
Tuesday	Theatre / Antenatal Clinic	Gynaecology Clinic
Wednesday	Theatre / Colposcopy	Antenatal Clinic
Thursday	Theatre / Antenatal Clinic	Ultrasound
Friday	Theatre / Colposcopy	Structured Training

### Rota/Hours

The rota is full shift system with full internal prospective cover

## GENERAL SURGERY

### **THE WORK OF THE DEPARTMENT**

The Department serves a population of 160,000 for General Surgery, comprising of list cases, emergencies and outpatient clinics. There are 7 Consultant Surgeons who work closely together for on-call duties and admissions.

The Department is extremely busy and the person appointed will take part in regular operating and outpatient sessions as well as having on ward duties. They will occasionally help with the care of patients under the Oncologist.

Emergency duty will be worked on a partial shift, which incorporates prospective cover and flexibility.

The appointee will be encouraged to take part in case presentations and a Journal Club.

There are 43 adult and 10 children's beds involved as well as beds on a surgical day ward.

### **DUTIES OF THE POST**

Each Consultant has an allocated SHO rotating Urology SHO to one of the others.

There are good working relationships with Nursing, Professional and Technical staff.

All SHO's are expected to take part in prospective cover for annual leave and study leave.

Mr Pearson (Breast & Colorectal) has 3 personal operating lists a week and usually one second side. He also has 3 out patient clinics and an endoscopy list, and has frequent ward rounds.

Mr Donaldson (Breast & Vascular) has 3 personal operating lists and usually one second side list per week. He has 3 out patient clinics a week.

Mr Samy (vascular, endocrine & endoscopy) has 3 personal operating lists a week and 2 out patient clinics.

Mr Souka (vascular) has 3 personal operating lists a week and 2 outpatient clinics.

Mr Tilston (upper GI/Laposcopic) has 2 personal operating lists and one second side a in twin theatre a week. He has 2 out patient sessions a week and also 2 endoscopy sessions a week.

Mr McAdam (Colorectal) has 2 personal operating lists. He has 2 outpatient sessions per week and 1 endoscopy session per week.

There are multi-disciplinary pathology meetings, usually on a weekly basis. There are usually multi-disciplinary breast meetings on a weekly basis. There are shortly to be routine radiological meetings on a weekly basis. There is regular vascular / radiological meeting.

There are dedicated SHO teaching sessions twice weekly.